



Buku Besar tentang Buah-Buahan

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Abstrak: Dalam penelitian ini, kami mempersembahkan “The Big Book of Fruits” sebagai sumber belajar yang inovatif untuk siswa sekolah dasar, yang dirancang untuk meningkatkan pemahaman mereka mengenai berbagai jenis buah-buahan dan manfaat nutrisinya dalam kurikulum bahasa Inggris. Melalui penggambaran kartun yang hidup dan konten yang menarik, sumber daya ini bertujuan untuk menjembatani kesenjangan dalam materi pendidikan yang ada dengan menyediakan platform yang menyenangkan dan informatif untuk belajar tentang buah-buahan. Dengan menggunakan pendekatan kualitatif, kami menganalisis efektivitas “The Big Book of Fruits” dalam meningkatkan pemahaman dan apresiasi siswa terhadap konsumsi buah melalui kelas membaca. Hasilnya menunjukkan adanya peningkatan yang signifikan dalam pemahaman siswa tentang varietas buah dan manfaatnya bagi kesehatan. Penelitian ini menggarisbawahi pentingnya menggabungkan sumber daya yang menarik secara visual dan dapat diakses secara bahasa ke dalam pendidikan dasar untuk mempromosikan kebiasaan makan yang sehat dan kesehatan secara keseluruhan di antara anak-anak.

Kata Kunci: Pendidikan Dasar, Buah-Buahan, Kurikulum Bahasa Inggris, Pembelajaran Visual, Manfaat Nutrisi

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Abstract: In this study, we present “The Big Book of Fruits” as an innovative teaching resource for elementary school students, designed to enhance their understanding of fruit varieties and their nutritional benefits in the English language curriculum. Through vibrant cartoon depictions and engaging content, this resource aims to bridge the gap in existing educational materials by providing an enjoyable and informative platform for learning about fruits. Employing a qualitative approach, we analyzed the effectiveness of “The Big Book of Fruits” in enhancing students’ comprehension and appreciation of fruit consumption through reading classes. Results indicate a significant improvement in students’ understanding of fruit varieties and their health advantages. This study underscores the importance of incorporating visually appealing and linguistically accessible resources into elementary education to promote healthy eating habits and overall well-being among children.

Keywords: Elementary education, Fruits, English language curriculum, Visual learning, Nutritional benefits

Pendahuluan

Big Book is considered as an effective educational resource that often consists of texts and pictures in big format than usual books (Nahdiyyah, 2023). The Big Book is an excellent visual learning tool that holds kids' attention. Its language and visual designs are deliberately intended to grab kids' attention (Gutama et al., 2021). Students' curiosity and creativity are piqued by vibrant and captivating graphics, which motivates them to actively engage in the learning process and hone their reading abilities. The Big Book can also be

utilized(Rakista, 2020) to help students read aloud to one another or work together to comprehend stories, which will increase their involvement in the learning process(Andena et al., 2024).

Big Book serves not only as a learning aid for students but also as a means for teacher development, fostering creativity in designing engaging learning materials in today's digital era(Fahmi et al., 2015). Teachers are encouraged to design their own instructional materials to prevent student boredom with monotonous teaching models. Big Book is often used in literacy activities that involve direct interaction between teachers and students(Fakhruddin, 2018).Teachers can use Big Book to teach(Sari et al., 2021). The use of big books can be one of the effective methods in children's education, accommodating their developmental needs in a fun and educational manner(Nurani & Mahendra, 2019).

Hasil dan Pembahasan

The Big Book of Fruits features colorful and whimsical cartoon designs of fruits that are cute and unique(Fiqih et al., 2021). This big book goes beyond being merely a collection of images; it serves as a means of conveying important messages regarding the beneficial contents of fruits that students should be aware of. The large "Fruits" text on the cover of the big book is designed with bright colors and cartoon images of cute and unique fruits. The goal is to not only capture students' visual interest but also to instill enthusiasm for understanding the content of the big book(Rakista, 2020). This creative design stimulates students' interest and imagination, creating a fun learning environment(Lengkong et al., 2024).

Within the Big Book, there are 18 pages containing introductory material about various fruits and their benefits, all presented in English(Milyan, 2023). On the cover, there are 8 cartoon fruit designs dedicated to introducing a variety of fruits, including apples, bananas, oranges, watermelons, dragon fruits, kiwis, grapes, and mangos. All are designed using cute and unique cartoon fruits in vibrant colors to capture students' attention. The other 8 pages outline the benefits of each fruit, accompanied by brief descriptions to present information that is easily understood by students(Maliangga et al., 2019). This design is crafted to engage students' focus in getting to know different fruits and understanding the benefits they offer(Pesi & Lanin, 2022). With the addition of an "author's profile" section at the end, the Big Book of Fruits is expected to provide students with a more comprehensive understanding of the author, adding a personal dimension and enriching their learning experience(Fadzlun et al., 2021).

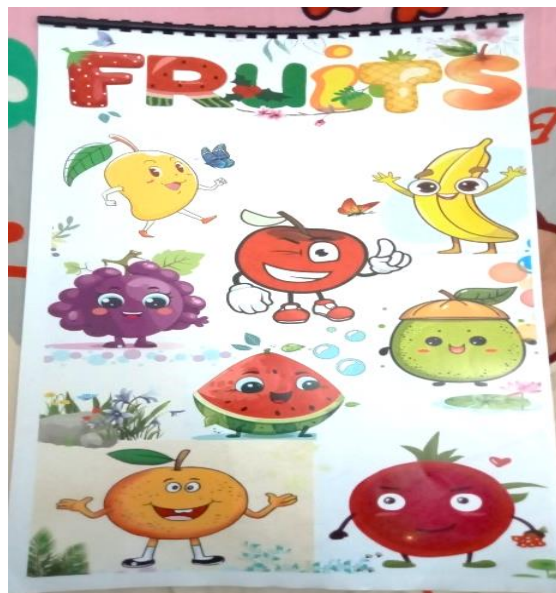
Explanation of the process of making a big book is as follows(Aceng, 2020):

1. For the cover and content, A3 drawing paper is used as the main material. This paper is chosen due to its large size, suitable for presenting extensive content(Izzhulhaq &

Trisnaningsih, 2022).

2. The process of creating the big book is done manually with the assistance of the Canva application. This approach combines manual skills with the ease of using graphic design applications, such as Canva, to provide an attractive and professional appearance for the big book (Hartini et al., 2022).

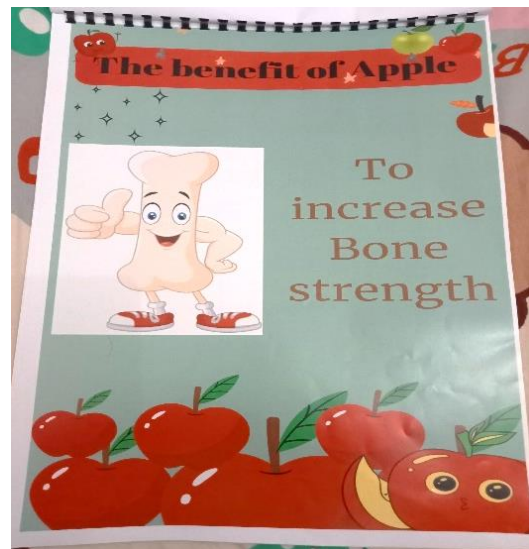
The following page features images of fruits such as apples, oranges, watermelons, kiwis, dragon fruits, bananas, mangoes, and grapes (Nahdiyyah, 2023). Each fruit is selected to stimulate the imagination of children and has various health benefits. Explanations about the benefits of each fruit are also included to provide a better understanding (Nurokhmah, 2021).



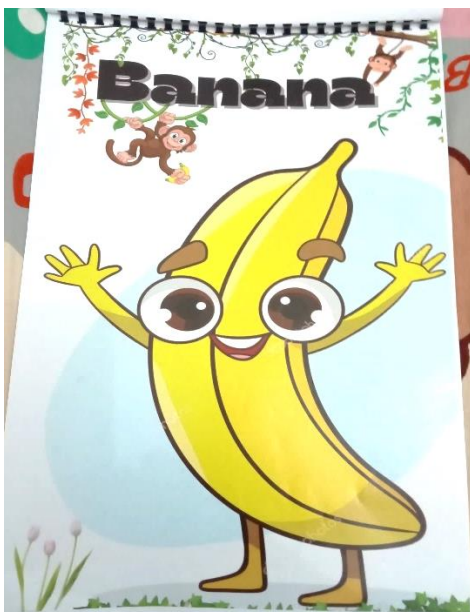
Gambar 1. Front Cover of Big Book of Fruits



Gambar 2. The Visuals on Page 2 "APPLE"



Gambar 3. "THE BENEFIT OFAPPLE"



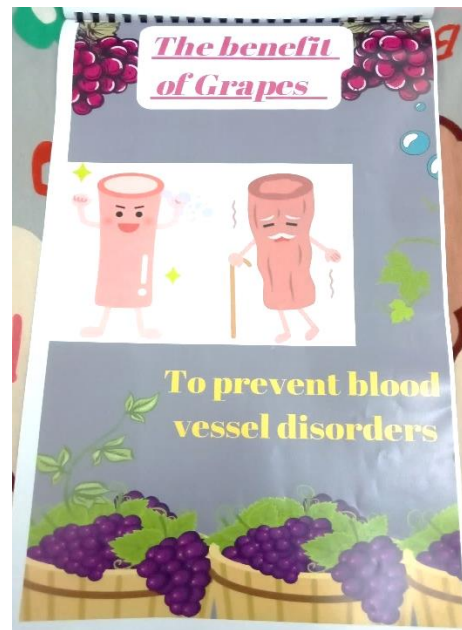
Gambar 4. The Visuals on Page 4 "BANANA"



Gambar 5. "THE BENEFIT OF BANANA"



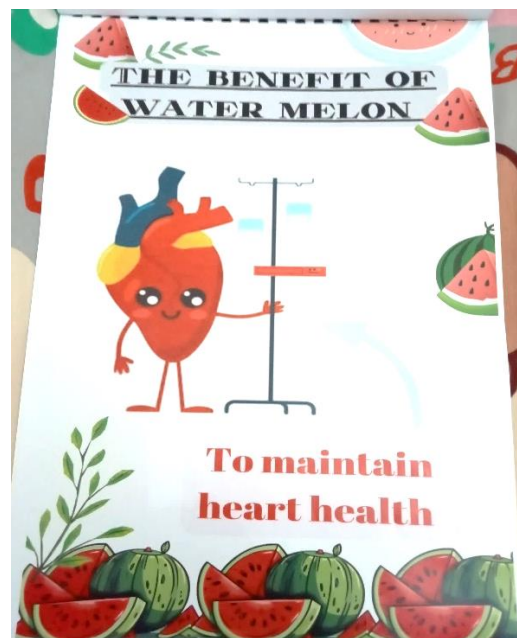
Gambar 6. The Visuals on Page 6 "GRAPES"



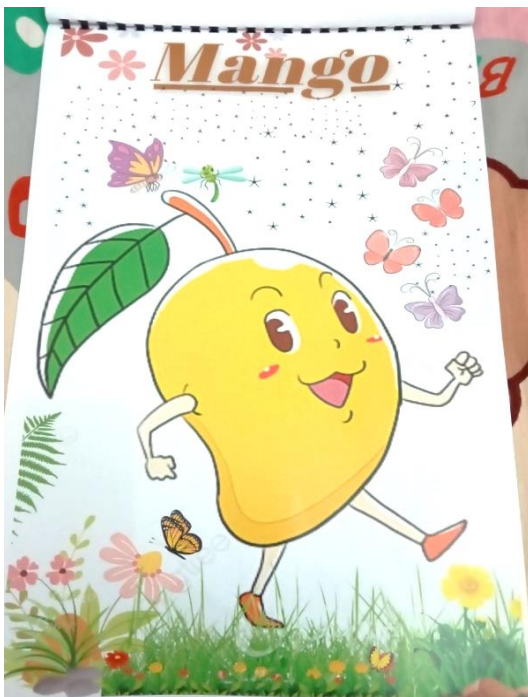
Gambar 7. "THE BENEFIT OF GRAPES"



Gambar 8. The Visuals on Page 8 "WATERMELON"



Gambar 9. "THE BENEFIT OF BANANA"



Gambar 10. The Visuals on Page 10 "MANGO"



Gambar 11. "THE BENEFIT OF MANGO"



Gambar 12. The Visuals on Page 12 "DRAGON FRUIT"



Gambar 13. "THE BENEFIT OF DRAGON FRUIT"



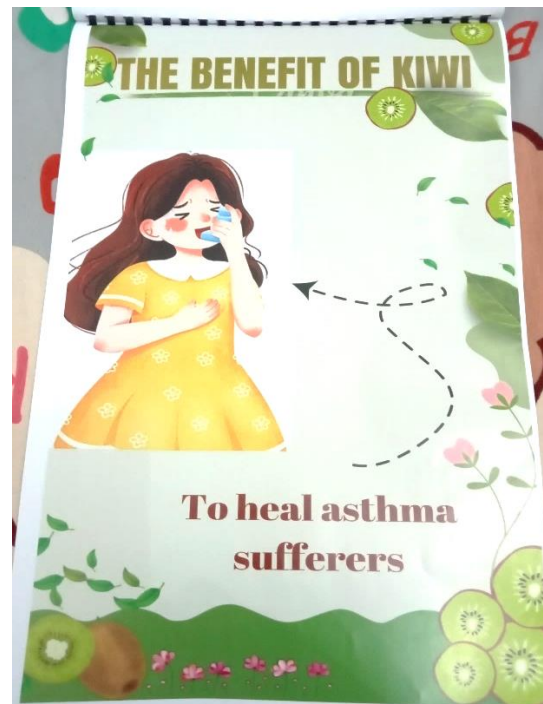
Gambar 14. The Visuals on Page 14 "ORANGE"



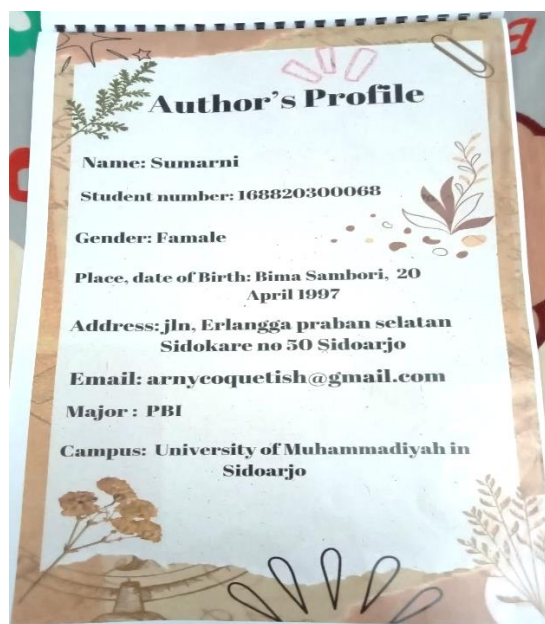
Gambar 15. "THE BENEFIT OF ORANGE"



Gambar 16. The Visuals on Page 16 "KIWI"



Gambar 17. "THE BENEFIT OF KIWI"



Gambar 18. "AUTHOR'S PROFILE"

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